

iwda 25 years
international
women's development
agency inc.

 **inspired
adventures**

**CHALLENGE FOR
CHANGE**

Timor-Leste In Support Of IWDA

27 May - 5 June 2011

- Spend invaluable time visiting the Cova Lima Community Centre
- Ascend to the summit of Mt. Ramelau, the highest peak in Timor
- Trek the magnificent rugged terrain of this largely undiscovered land



INFORMATION PACK

Challenge For Change

27 May - 5 June 2011

What Is This Adventure All About?

Thank you for your interest in IWDA's Challenge For Change! In this pack, you'll find all of the information you need to help make the decision to join us on this incredible adventure of a lifetime!

Of the 1.3 billion people living in poverty, 70 percent are women. Currently more than two-thirds of the world's 771 million illiterate adults are women. This percentage has not improved since 1985. One in three women will suffer from some degree of violence in her lifetime. Without progress towards gender equality and the empowerment of women, none of the Millennium Development Goals will be achieved.

International Women's Development Agency (IWDA) is an Australian not-for-profit organisation that, for 25 years, has been creating positive change for women and communities.

IWDA develops projects in partnership with the women that work and live in the communities. They know from experience that women's active participation and leadership is key to building a more sustainable future, where the rights of women and men, girls and boys, are respected.

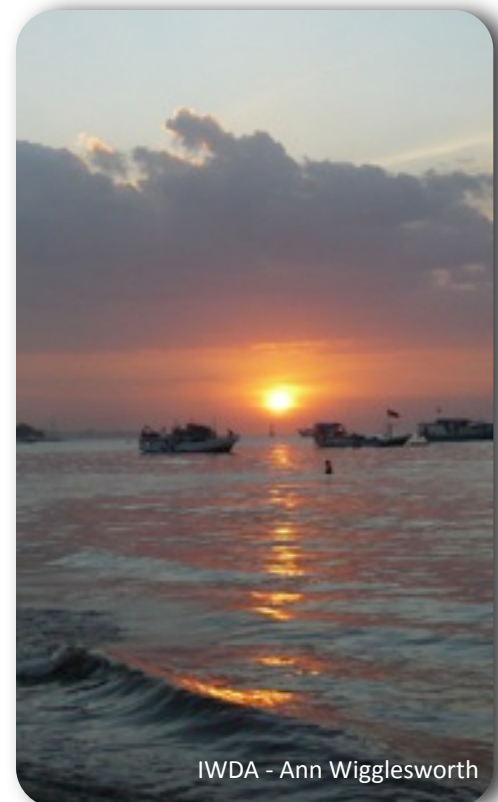
Where Will The Money Raised Go?

By fundraising and participating in this Inspired Adventure you will be supporting International Women's Development Agency and our partners in developing rights-based projects that directly address poverty, discrimination and oppression in the Asia Pacific region.

Who Do I Contact For More Information?

If you have any further questions, please contact Tristanne at 1300 905 188 or email tristanne@inspiredadventures.com.au.

IWDA & Inspired Adventures



Tel: 1300-905-188
Email: tristanne@inspiredadventures.com.au
www.inspiredadventures.com.au/iwda



Fast Facts

- **DEPARTURE DATE:** 27 May - 5 June 2011

- **FUNDRAISING TARGET:** \$6,500

IWDA has set your fundraising target at \$6,500. The fundraising target will cover both your travel expenses and a minimum donation to IWDA to assist them in continuing their vital work.

\$3,650 of your fundraising target will cover your travel expenses including return airfares and in-country costs and a minimum of \$2,850 per person will go directly to IWDA.

- **REGISTRATION FEE:** \$700

Please note the registration fee is in addition to the fundraising target of \$6,500 and is non-refundable.

- **TRIP DURATION:** 10 days
- **PHYSICAL ACTIVITY:** 3 days trekking
- **CHALLENGE GRADE:** Moderate to Challenging
- **ACCOMMODATION:**

Guesthouses & Comfortable Camping



IWDA – Glenda Lasslet

“Do it! It’s a great way to feel good about doing something to help the community & also a great personal challenge.”
- Anna Di Bartolo



IWDA – Ann Wigglesworth



INFORMATION PACK

Trip Notes

Trip Highlights

- Spend invaluable time visiting the Cova Lima Community Centre
- Ascend to the summit of Mt. Ramelau, the highest peak in Timor
- Trek the magnificent rugged terrain of this largely undiscovered land

27th May 2011 Fly Darwin to Dili

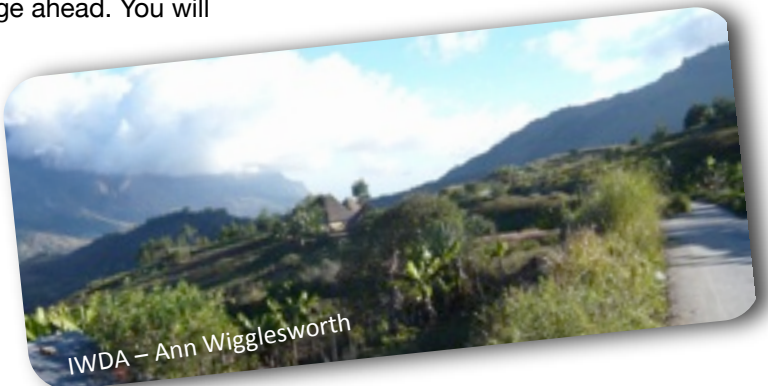
You will meet the group at Darwin airport for a 6 am flight to Dili. Upon arrival in Dili, you will be transferred to the hotel, where you will have time to freshen up and prepare for a day of exploring this dynamic, growing city.

After breakfast we will have an orientation of the city, soaking up the highlights of Dili like the iconic statue of the Cristo Rei. The statue sits atop a small hill on Dili Harbour, and the 600 step climb up to the statue will be our first warm-up for the trekking challenge ahead. You will be rewarded with an incredible view over the pristine white sandy beaches of Dili Harbour.

We will return from the Cristo Rei and attend a short Tetum language activity with students of the Dili Institute of Technology. This is a unique opportunity to engage with the local people of Timor-Leste and to develop your understanding of this fascinating country and its culture.

In the evening the group will come together for a welcome dinner and a briefing with IWDA staff and associates. This will be a wonderful opportunity to learn more about Timor-Leste and get to know your group.

Overnight stay at Hotel Novo Horizonte





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28th May 2011 Transfer to Maliana (B)

You will depart Dili early in the morning, as we start our journey to remote areas of Timor-Leste by heading to Maliana. Along the way you will stop to visit the Balibo Memorial dedicated to the five Australian journalists killed by Indonesian soldiers in 1975. As you drive along the West coast of Timor-Leste, you will pass some of the sites from the 2009 film *Balibo*.

In the afternoon, we'll visit the Haburas Moris Project in Maliana. Haburas Moris ("Develop Life") is a woman-led NGO supporting the development of rural communities in the Bobonaro District through working with women and their communities. Their vision is for an economically, socially, and culturally self-sustaining Timor-Leste - with justice and equity for all. The activities of Haburas Moris focus on partnering with the community on water and sanitation infrastructure projects, coordinating community sporting and youth-related activities, developing home or school gardens for good nutrition, and creating food products for children to combat malnutrition.

Overnight stay at Hotel Risky

29th May 2011 Transfer to Suai (B)

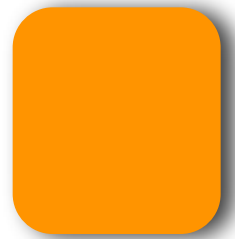
In the morning we will depart Maliana and transfer to Suai, pausing at the rejuvenating Marobo hot springs, where we will enjoy a refreshing swim in the warm waters before driving onwards to a nearby traditional village settlement.

On arrival at the village, you will have the opportunity to meet the women who produce the traditional and identifiable Marobo black and white *tais*, the hand-spun cotton and hand-woven cloth of Timor-Leste. The Marobo *tais* is dyed with mud from the hot springs and leaves of a local plant that create the black colour. The naturally white cotton has a strip of *tais futus*, and the threads are counted, tied in a specific pattern, and re-dyed to produce the design. A *futus* takes about a month to complete before it is woven into the cloth. The sale of these beautiful and detailed *tais* gives the women in this area an opportunity to generate income for their communities.

After spending time getting to know the local women of Marobo, we will drive to the picturesque small town of Suai.

Overnight stay at Frontera Guesthouse





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30th May 2011 Suai - Covalima Community centre project (B)

Today will be an enlightening day, providing you with firsthand experience of the work that IWDA carries out in Timor-Leste. IWDA has been working in Timor-Leste since 2006, beginning with a program in conjunction with theatre group Bibi Bulak that focused on women's civil and political participation and a program with Grupo Fete Foin Sae Timor Lorosae (GFFTL, the Timor-Leste Young Women's Association) for women's literacy.

Currently IWDA manages the Taking Steps Project: Empowering Rural Women in Timor-Leste to Access Sustainable Livelihoods. This economic empowerment project began in Baucau (until April 2010), and currently focuses on working with the Covalima Community Centre (CCC) in Suai. IWDA is also developing links with new partner organisations in Maliana, Aileu, Ermera and Manufahi.

Following the project visit, you will have a free afternoon to explore Suai and perhaps visit the local markets, the site of the 1999 Suai Church massacre/monument, or the scenic Portuguese old fort on the coast of Suai.

Overnight stay at Frontera Guesthouse

31st May 2011 Transfer from Suai to Parami (B)

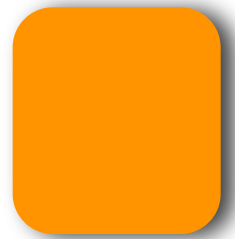
After breakfast the group will transfer from Suai to Parami, making our way gradually through the remote, beautiful countryside of Timor. After a day full of incredible views of the mountain ranges that dot this tiny but rugged country and a day of engaging with local women and girls, we will arrive at the Parami Guesthouse in Atsabe, where house owners Señor and Señora Chico will be expecting the group with welcoming smiles. Here you will enjoy an evening of relaxation and preparation for your trekking challenge ahead.

Overnight at Parami Guesthouse

1st June 2011 Trek from Parami – Lequiloko – Lebalau – Ermatalepa (BLD)

This morning you will leap up with an early start, beginning your trek just as the island awakens. You will start trekking from Parami through the beautiful and picturesque highland villages of Lequiloko, Lebalau to arrive at Ermatalepa in the afternoon. Today's trek will be difficult, crossing rugged landscapes, but you will be rewarded with unsurpassed views and the opportunity to experience the traditional village lifestyles of the Timorese people.

By early evening you will have arrived at your destination, where your trekking guides and porters will set up camp and cook a delicious meal for the group.



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2nd June 2011 Trek from Ermatalepa-Mota Sarai Ulun- Urbou- Mt Ramelau (BLD)

Today's trek will challenge you to climb through tough tropical conditions towards the summit of Mt Ramelau, the highest mountain in Timor-Leste.

Due to the altitude on Mt Ramelau, you can expect cold and wet conditions which will make the climb all the more demanding. You will however be rewarded with the satisfaction of having summited the highest peak of Timor (and what was once regarded as the highest peak of the Portuguese Empire).

Overnight camp at Mt Ramelau summit

3rd June 2011 Descend Mt Ramelau to Hato Builiko(B)

This morning you will arise before dawn to watch the spectacular sunrise over the world's newest nation.

You will then begin the descent from Mt Ramelau to Hato Builiko, where you will be met by your support vehicle and transferred from Hato Builiko to Maubisse.

You will have a delicious lunch at Pousada de Maubisse, before exploring the colourful and exciting Maubisse market. Your guide will then take you to a traditional Tarteji village settlement and introduce you to the friendly community. You can expect the local families to be very warm and welcoming in this fairly isolated village.

Overnight at Pousada Maubisse

4th June 2011 Transfer to Aileu – Dili (B)

This morning we will transfer to Aileu, where you will visit the ATRC project. The Aileu Resource & Training Centre (Centro de Recurso e Treinamento de Aileu) has plans to establish language training in Portuguese and English. The Centro also supports a number of other programs, including local produce development and a pilot biogas generation project.

After lunch we will say goodbye to our hosts at the ATRC project and journey back to Dili.

In the evening, your group will come together for a special farewell dinner to celebrate the ten-day-challenge in support of IWDA's international programs.

Overnight stay at Hotel Novo Horizonte

5th June 2011 Fly to Darwin (B)



Tel: 1300-905-188
Email: tristanne@inspiredadventures.com.au
www.inspiredadventures.com.au/iwda



INFORMATION PACK

Fundraising Tool Kit

When you register we will send you your Fundraising Tool Kit. The Fundraising Tool Kit is based on our experiences and feedback from previous Inspired Adventures participants, and we have supported over 500 people in reaching their fundraising goals in the past!

In the Fundraising Tool Kit you will find a wealth of ideas, case studies, practical suggestions and advice - and plenty of inspiration!

We have put together a simple guideline on how to create your fundraising plan. Once you have created your plan, we will talk through it with you and support you with regular conversations to help you along your journey.

The Fundraising Tool Kit will show you how to:

- Plan an Event
- Write a Press Release
- Set up an Online Fundraising Page
- Approach Corporates for Support
- Launch your Fundraising Plan
- And much more...

We work with EVERY registered participant one-on-one to design a comprehensive fundraising plan, then check in with you every few weeks to see how it's going. It's our job to make sure you achieve the fundraising target!



Fitness Training

We will send you a booklet with advice on how to get fit and healthy for your adventure. Whilst your fitness training and health is your responsibility, we have collected top tips from experts on how to manage basic nutrition and hydration and create a training plan. We advise all participants to discuss their training plans with their GP before embarking on a fitness regime.



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About IWDA

We work in four thematic areas:

- Women's economic empowerment
- Women's safety and security
- Sustainable livelihoods and natural resource management
- Women's civil and political participation

We also promote two additional cross-cutting and advocacy themes:

- Women's right to education and information
- Women's right to health and well-being

We believe in partnership

For IWDA, partnership is our philosophy. Working with locally-based partners means that we support women to identify and act on their priorities and implement their own initiatives. In other words, we walk with them because partnership is key to ensuring that our projects reflect the priorities of women and that those projects are relevant, feasible and sustainable.

We work in partnership with women, and men, from local communities from Cambodia, Fiji, Papua New Guinea, Solomon Islands, Sri Lanka, Thai-Burma border region, Timor-Leste and Vanuatu. We recognise that the women we work with are the experts in their own lives.

We enhance skills and strength

Our approach is on community-based development and we prioritise collaborative efforts. This means that we support our partners to identify their strengths and their communities' skills which would benefit from further assistance. We train local staff and assist them to design and implement their own projects, so they become effective agents of change. For us, this community-driven approach is the way to assure the sustainability and long-lasting impact of our projects.





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About IWDA

We advocate and influence policies

IWDA seeks change at both a practical and structural level. We work to promote women's rights in and through development and to influence development priorities, policies and practice. Helping to change the circumstances of individual women and communities is important – but for lasting change, we need to address the barriers that perpetuate poverty and discrimination so that both women and men can help shape the future.

We train other organisations

We have achieved a depth of expertise in our gendered approach to development which can be a resource to other organisations with a shorter track record in this area. We have developed a gender training and advisory service which works with other organisations and NGOs on strategies to assist them to apply a gender lens to their work, ensuring that IWDA has a far-reaching impact in the sector.

For more information about the work of IWDA, visit the IWDA website

www.iwda.org.au.

Where will the money go?

By fundraising and participating in this Inspired Adventure you will be supporting International Women's Development Agency and our partners in developing rights-based projects that directly address poverty, discrimination and oppression in the Asia Pacific region.



Our projects are developed in partnership with local organisations and women who know their community, and are the experts on their own lives. We are committed to supporting these women in determining the best responses to the issues they are confronted with on a daily basis and we know from experience that women's active participation and leadership is key to building a more sustainable future. Whether it's empowering rural women in Timor-Leste to access sustainable livelihoods, strengthening critical thinking skills and leadership abilities of young women from Burma to become active agents of change, or increasing women's organisation, visibility and voice in discussions and decision-making around their natural resources in Papua New Guinea, the work IWDA supports is unique, critical and timely.



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FAQs

How do I fundraise? (See Fundraising FAQs for more details)

Past participants have successfully fundraised in many creative and fun ways. We will send you a comprehensive Fundraising Tool Kit upon registration to help you reach your target. You will also have regular support from our Inspired Team, who will help you create and manage your fundraising plan, as well as support from the charity for which you are fundraising.

“One of the most amazing experiences I have had in my life. All of us working towards a common goal of raising money for charity. Encouragement & support amongst the group got us to the finish line”
-Rachael Dove

When does the fundraising target need to be paid by?

The fundraising target is made up of various payments, which need to be met in order to secure your place on the adventure. A travel deposit must be paid to our travel partner when you register and a fundraising deposit is payable to the charity 12 weeks prior to departure. The balance of your travel cost is payable 60 days prior to departure and the balance of the fundraising component is payable 4 weeks prior to departure.

What are the costs for me?

A registration fee of \$700 (with the option to pay \$350 up front then \$350 balance four weeks later), the travel cost, and the donation to IWDA. You should also make note of the items specified in the "What's not included" section below.

What's included?

- Return economy class airfares from Darwin to Dili (including taxes) on Air North
- Quality accommodation in Dili - bed and breakfasts
- Twin or multi-share accommodation in all remote areas outside Dili
- Sightseeing as mentioned in the itinerary
- Gear package including sleeping bags, sleeping mats and tents
- English-speaking group leader
- Transfers if on the group flights
- Transportation in private 4WD vehicles
- All meals as mentioned in the itinerary
- Emergency medical kit

“A Dream come true, the most amazing thing I have ever done!”
-Geraldine Brown



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FAQs

What's not included?

- Meals not mentioned in the itinerary
- Optional activities
- Tips and gratuities
- Drinks
- Travel insurance (compulsory)
- Airport transfers if not traveling with the group
- Additional transport for emergency situations
- Personal expenses such as telephone and laundry bills
- Visas for Timor (required)
- Domestic flights to join the group in Darwin can be arranged but it is better for participants to purchase them online
- Porters for trek days - \$90USD per person.

“From the fundraising to the long days trekking, from the cold and crystal clear nights to the amazing views from the summit, the entire journey was one which I will always cherish.”

-Jamie Vachon, Kili Climb

What is the minimum age and general age range of participants?

The minimum age is 12 years old with accompaniment by an adult. We have had participants of all ages from 16 – 70 years, all united by their sense of adventure.

How fit do I need to be?

Our adventures are specifically designed so that people who are relatively fit and who are willing to train can complete them. We will provide you with recommendations on how to get fit.

On our treks we take things slowly and steadily, managing the various fitness levels and abilities of our groups. We have guides or tour escorts walking at the back of the trekking group to provide support and make sure that everyone feels comfortable. We can't think of a more exciting fitness goal! Go for it!

“Being able to raise funds for my charity while going on the adventure of a lifetime was a dream come true.”

-Nick Goddard



INFORMATION PACK

FAQs

Can I extend my stay?

Yes, many of our participants decide to extend their stay to get the most from their overseas adventure! (Additional travel arrangements are at your own cost and an administration fee may apply).

Will I get a chance to meet other people before we go?

Yes, we will organise a get-together evening for everyone (geography permitting). There will be regular email and phone communications leading up to the trip. We will also set up an online community on Facebook for this adventure so you can meet other participants.

How do I register?

You can register over the phone using a credit card by calling Tristanne at 1300 905 188 or complete the enclosed booking form and return it with your Registration Fee* paid by credit card, cheque or money order.

Cheques and money orders are payable to 'Inspired Adventures Pty Ltd'.

Timor-Leste Challenge For Change
2/2 Farnell Street
Surry Hills NSW 2010

Or fax the Booking Form to us at **02 8915 1457**.

Have any more questions?

Please call Tristanne at 1300 905 188 or email Tristanne@Inspiredadventures.com.au

* The registration fee is non-refundable and is not part of the trip cost.

"Fundraising, getting fit, and meeting fellow trekkers made me realize that the journey is as rewarding as the destination."
-Judie Winter, Inca Trail

From the moment you register your life will take on an exciting new direction. It will be about getting fit, preparing for a great travel adventure and helping to change the world. How amazing does that sound? Register now.



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Countdown To Your Inspired Adventure!

IWDA – Christine Perkins

Item	Date	Activity	Details
Registration Fee	Registration Date	Pay Reg. Fee of \$700 to Inspired Adventures in one or two instalments	Refer to Booking Form for payment details
Registration Fee Balance *	4 Weeks Following Registration Date	Pay \$350 Registration Fee to Inspired Adventures if paying in two instalments	Refer to Booking Form for payment details
Travel Deposit **	6 Weeks Following Registration Date	Pay \$400 Travel Deposit to World Expeditions	Refer to Booking Form for details
Fundraising Deposit **	25 February 2011	Pay \$1000 Fundraising Deposit to IWDA	Refer to Payment Form for details
Participant Dinner	February 2011	Dinner for participants	Location TBC
Travel Cost Balance	28 March 2011	Pay \$3250 Travel cost balance to travel partner, World Expeditions	World Expeditions Level 5, 71 York Street Sydney NSW 2000
Medical Form	Upon Registration	Return Medical Form to travel partner, World Expeditions	World Expeditions Level 5, 71 York Street Sydney NSW 2000
Insurance Policy	18 March 2011	Send copy of Insurance Policy to travel partner, World Expeditions	World Expeditions Level 5, 71 York Street Sydney NSW 2000
Fundraising Balance	27 April 2011	Pay balance of all funds raised to be a minimum of \$1850 to IWDA	Refer to Payment Form for details

* Not applicable if full fee paid on registration ** Deducted from your Fundraising target.

INSPIRED ADVENTURES BOOKING FORM



ADVENTURE DETAILS

Adventure Name: _____

Charity: _____

Departure Date: / /

PERSONAL DETAILS

Mr Mrs Ms Dr

First Name: _____

Middle Name: _____

Last Name: _____

(Please write name as it appears on your passport)

Street Address: _____

Town/Suburb: _____

State: _____ Postcode: _____

Tel Day: (____) _____

Tel Night: (____) _____

Mobile: _____

Email: _____

Date of Birth: / /

Nationality: _____

Passport #: _____

Place of Issue: _____

Date of Issue: / /

Expiry Date: / /

Your passport must be valid for at least 6 months after your return date, if you are travelling to India your passport must be valid for at least 12 months after your return date.

Frequent Flyer Program: _____

Membership #: _____

Seating Preference: _____

Accommodation is based on twin share is there anyone you would like to share with?

Are you interested in a single room? YES NO

Departure City: _____

World Expeditions may be able to arrange your departure from your chosen city. A surcharge may apply.

Do you have a pre-existing medical condition? YES NO

EMERGENCY CONTACT

Contact: _____

Relationship: _____

Address: _____

Tel Day: (____) _____

Tel Night: (____) _____

Mobile: _____

PAYMENT DETAILS

PART ONE: REGISTRATION FEE*

Please debit the non-refundable registration fee of \$700* from my credit card

\$700* now **OR**

\$350* now and \$350 in 4 weeks time

Type of Card: Visa Mastercard

Card #

Expiry Date: /

Name: _____

Signature: _____

* Please note: The registration fee is non-refundable and is and is a personal contribution to the overall fundraising target. A 3% surcharge payable on credit card transactions.

OR

I enclose a cheque/money order for the total sum of:

\$ _____

Made Payable to: **Inspired Adventures Pty Ltd**

OR

I will pay my Registration Fee by bank deposit:

Account Name - Inspired Adventures Pty Ltd

Bank - National Australia Bank

BSB - 082 352

Account Number - 87458 8298

Please include your name as reference

PART TWO: TRAVEL DEPOSIT

I authorise World Expeditions to:

debit my credit card the NON-REFUNDABLE \$400 travel deposit immediately.

debit my credit card the NON-REFUNDABLE \$400 travel deposit six weeks from the date of this signed booking form.

I will forward my cheque/money order of \$400 six weeks from the date of this signed booking form to:

I will pay by direct bank transfer, please send me an invoice for the travel deposit

THE TRAVEL DEPOSIT IS DEDUCTED FROM YOUR OVERALL FUNDRAISING TARGET. ONCE WORLD EXPEDITIONS HAVE RECEIVED YOUR TRAVEL DEPOSIT YOU WILL BE ASSIGNED A TRAVEL CONSULTANT WITH WHOM YOU CAN MAKE ANY ADDITIONAL TRAVEL ARRANGEMENTS AS REQUIRED.

HOW DID YOU HEAR ABOUT THIS INSPIRED ADVENTURE?

WEB CHARITY E-NEWSLETTER WOM

OTHER: _____

IN SIGNING THIS booking form, I acknowledge that I have read and understood and accept the conditions of contract accompanying this booking form and the obligations set out in the conditions, particularly those relating to release and waiver of liability conditions (condition 16)

Signature: _____

Date: / /

Please note: if you are under 18 years of age this form requires the signature of a parent or legal guardian.

Please fax completed form to 02 8915 1457 or : PO Box A956 Sydney South, NSW, 1235

Inspired Adventures and World Expeditions Booking Conditions

CONDITIONS OF CONTRACT

Please read carefully the terms in the conditions of contract in completing and submitting the Booking Form, you agree to be bound by these conditions which constitute the agreement between Inspired Adventures, Australian World Expeditions Pty Ltd (World Expeditions) and you. The conditions apply to the exclusion of any other terms or conditions unless they are set out in the Booking Form, or are otherwise agreed to in writing by the parties. Previous dealing with the parties will not vary these conditions. No purported variation of these conditions will be effective unless in writing and signed by a person so authorised by Inspired Adventures and World Expeditions.

1. How to Book: To participate in this Inspired Adventure, you must pay a non-refundable registration fee of AUD\$700 including GST payable to Inspired Adventures. Six weeks later you must pay a non-refundable travel deposit of AUD\$400 including GST which must be made payable to World Expeditions. If you register within 4 months of the departure date you must pay the travel deposit of AUD\$400 immediately upon registration.

2. Payments and Fundraising: Eligibility to take part in this Challenge is contingent upon you raising the minimum Fundraising Target. World Expeditions will not accept receipt of your balance payment until there is evidence that your Fundraising Deposit of AUD\$1,000 has been met 12 weeks prior to your departure. The balance of your Fundraising Payments must be made no later than 4 weeks prior to your departure. Travel costs are based on arrangements departing from Sydney and exclude Airline taxes and levies, Travel Insurance, Visa Fees. World Expeditions may be able to arrange travel from other cities in Australia, a surcharge will apply. Registered participants will be required to cover additional travel or accommodation costs required as a result of departing from an alternative destination. Failure to lodge the fundraising target on or before the required date will render you ineligible to depart on the Challenge and you will forfeit in full the AUD\$700 registration fee paid to Inspired Adventures, the AUD\$400 travel cost deposit paid to World Expeditions, and your place on the adventure. All monies raised in the name of the **charity** must be forwarded immediately to the **charity** along with supporting documents as outlined in the 'Conditions for Fundraisers'. Inspired Adventures, World Expeditions, and the charity reserve the right to refuse your Application to Register. Their decision is final and binding. Should your Application be refused your full registration fee will be refunded to you. Your registration for the Challenge will take effect once your registration funds have cleared. Places are limited on the Challenge and are allocated on a first come first served basis.

3. Amendments: If you wish to alter any of your arrangements, you should notify World Expeditions in writing and the changes will take effect upon receipt by World Expeditions. Any amendment will incur a AUD\$50 administration fee per amendment. By definition, an amendment is any change that you make to your booking once your registration has been received.

4. Cancellations and Transfers: If you wish to cancel your tour, you must notify Inspired Adventures and World Expeditions in writing and the following charges will apply: You will automatically forfeit your registration fee (AUD\$700), your travel cost deposit (AUD\$400 – if you cancel up to 60 days prior to departure) or 100% of monies paid to World Expeditions (if you cancel less than 60 days prior to departure), or fundraised for but not yet paid to the charity.

If there are too few participants on your tour we reserve the right to cancel the Challenge or to offer you alternatives. If the Challenge is cancelled and any alternatives offered are not suitable, you shall be refunded any monies paid to World Expeditions but shall not be entitled to claim any other amounts. In the event that your chosen trip is cancelled and you are given the option of transferring to a trip the following year, these transferred trips must be taken within 12 months or your position on the Challenge will be forfeited.

5. Travel and Fitness Requirements: You must be at least 18 years old prior to departure, or at least 12 years old if you will be accompanied by an adult to participate. We recommend that participants are healthy and active. Upon registration, you will receive a questionnaire to be completed and returned by you. If however, you have pre-existing medical conditions or are in excess of 60 years, you are required to have the medical form completed by your doctor. The medical form is proof that you are fit enough to undertake the Challenge. If you suffer from severe muscular, chest, heart or bronchial disorders, are a severe asthmatic, or have high blood pressure, you are strongly advised against participating. Tours generally take place in remote areas where there is little or no access to normal medical services or hospital facilities for serious problems. Where necessary, evacuation can be prolonged, difficult and expensive. Medical and evacuation expenses will be the responsibility of the participant. If you fail your medical, a full refund of your registration fee will be given, providing you return the medical questionnaire within two weeks of registration. World Expeditions reserves the right in its absolute discretion to refuse a participant the right to participate in a tour on medical or fitness ground

6. Medical disclosure

You declare and warrant that

- you are in good health and mental and physical fitness at the time of booking this tour;
- you have disclosed to World Expeditions every matter concerning your health and mental and physical fitness of which you are aware, or ought reasonably be expected to know, that is relevant to World Expedition's decision to permit you to go on the adventure tour;
- immediately upon any adverse change in your health or fitness that may be likely to affect World Expedition's decision to accept the risk of permitting you to go on the adventure tour, you will notify World Expedition in writing of any such adverse change.
- you acknowledge that the obligation to disclose under this condition continues from the time of booking the tour through to departure and extends for the duration of the tour.
- If you fail to comply with the duty of disclosure in this condition and if World Expeditions would not have permitted you to undertake the tour, or continue participation of the tour, had you made full disclosure under this condition, World Expeditions will not be liable, except to the minimum extent required by law, for personal injury, death or property damage or loss incurred by you.

7. Route Changes, Postponement, Cancellation or Delay

World Expeditions reserves the right to:

- change the date of departure or conclusion of the tour, or
- modify any aspect of the tour, or
- cancel or modify any routes within the tour or objectives set out in the itinerary, or
- substitute different or equivalent routes within the tour in place of cancelled or modified routes, or
- postpone, cancel or delay (either in relation to the departure or arrival times or the duration of the tour) any such aspect of the tour

if, in the absolute discretion of World Expeditions, it is necessary to do so due to inclement weather, snow or icy conditions or conditions that are otherwise likely to be hazardous or dangerous or due to any other adverse or threatening conditions whether political or military or terrorist or otherwise or if, in the absolute discretion of World Expeditions, there is a likelihood of any such event occurring which may impact upon the safety of the participants, or if an act or omission of a third party prevents the tour or the aspect of the tour being undertaken in accordance with your booking. In the event of any change, modification, cancellation postponement or delay under this condition, you acknowledges that you will have no right of refund of the tour price (whether in whole or in part) and no right to claim compensation for any injury, loss or damage or other additional expenses incurred by virtue of the change, modification, cancellation postponement or delay.

World Expeditions also reserves, in its absolute discretion, the right to cancel any tour due to any government travel warning or advice, or any change in such warning or advice. In this event condition 3 applies in respect of the cancellation or transfer of a tour. Travel insurance may compensate you depending on the circumstances.

8. Insurance: Personal travel insurance is not included in the tour price. It is a condition of booking a tour with World Expeditions that you are adequately insured for the full duration of the tour in respect of illness, injury, death, loss of baggage and personal items and cancellation and curtailment. It is strongly recommend that you take out travel insurance with World Expeditions when you pay your travel cost deposit.

9. Airline: The tour cost includes international fares. These terms and 'Conditions of Contract' are not issued on behalf of, and do not commit, any associated airlines whose services are used or proposed to be used in the course of the Challenge.

10. Package Prices: Travel costs are based on ground costs, airfares and exchange rates at the date of initial promotion of this Challenge. While we try our utmost not to increase our prices, sometimes it is outside our control. We reserve the right to amend our prices without notice, at any time up to and including the day of departure of any trip, in the event of exchange rate fluctuations, increases in fuel costs, airport charges, airfares or increases in ground operator service fees or any other that are outside of our control.

11. Visas and Passports: You are responsible for obtaining all necessary immunisations and visas and bear the expense for the same. World Expeditions staff are able to advise you about this. You must have a valid passport, which has at least six months validity beyond your return date.

12. Exclusions from package price: The following items are not limited to or included in the participation fee: Visas and passport charges; any additional charges resulting if not departing from Sydney (this includes any additional accommodation required due to 'forced' stopovers on your journey to or from the destination); ticketable & non-ticketable airline departure, airport and airline taxes; extra meals not included in the itinerary; laundry, postage, personal clothing, medical expenses and items of a personal nature; aerated or alcoholic beverages; emergency evacuation charges; excess baggage charges; travel insurance; tips; any pre or post tour arrangements; single accommodation as all prices are twin share.

13. Force Majeure: If World Expeditions is prevented (directly or indirectly) from performing any of its obligations under this agreement by reason of act of God, strikes, trade disputes, fire, breakdowns, interruption of transport, government or political action, acts of war or terrorism, or for any other cause whatsoever outside World Expeditions reasonable control, World Expeditions will be under no liability whatsoever to you and may, at its option, by written notice to you either cancel the tour or take any other action as specified in clauses 4 and 7.

14. Assumption of Risk: You acknowledge that:

- by the very nature of adventure travel and trekking holidays, they are more challenging and demanding with a commensurately higher level of risk compared with conventional holidays; and
- in the countries and regions in which adventure travel is undertaken, standards of accommodation, transport, health care, hygiene, safety and service provision generally are often not as high as those standards in your country of residence and may require flexibility and patience on your part; and
- operational control of the tour may be in the hands of a third party and that your right of action in regard to any shortcomings of that third party's performance is against the third party and not against World Expeditions; and
- the additional dangers and risks associated with adventure travel may include difficult and dangerous terrain; high altitude; extremes of weather, including sudden and unexpected changes; political instability; remoteness from normal medical services and from communications; and evacuation difficulties in the event of illness or injury; and
- the enjoyment and excitement of adventure travel is derived in part from the inherent dangers and risks associated with adventure travel and that those inherent dangers and risks are a reason why you wish to undertake the adventure tour, and
- you have submitted your booking for the tour after giving due consideration of relevant travel information including, without limitation, any relevant information or advice given by the governments of Australia and New Zealand, the British Foreign Office and US Department of State and that it is your responsibility to acquaint yourself that information or advice, for the above reasons you therefore accept the inherent and increased dangers and risks associated with the proposed adventure tour and the accompanying risk of injury, death or property damage or loss.

15. Disclaimer: You accept that:

- World Expeditions acts as a booking agent for third-party tour operators and accepts no liability for the acts or omissions of those third-party tour operators; and
- Inspired Adventures, World Expeditions, and the charity reserve the right to refuse my Application to Register. Their decision is final and binding. Should my Application be refused my full registration fee will be refunded to me. My registration for the Challenge will take effect once my registration funds have cleared. Places are limited on the Challenge and are allocated on a first come first served basis, and
- World Expeditions will not be liable for any breach of any law by any person with whom you travel on the tour; and
- you may not rely on any representations concerning the tour made by World Expeditions which are not contained in these conditions.

16. Release and Waiver of Liability: In consideration of Inspired Adventures and World Expeditions accepting your booking application and in consideration of you being permitted by Inspired Adventures and World Expeditions to join the tour:

- you waive any and all claims I may now or in the future have against Inspired Adventures, its officers, employees, agents or representatives ("its staff") and release from all liability and agree not to sue Inspired Adventures or its staff for any personal injury, death, property damage or loss sustained by me as a result of my participation in the Challenge. You acknowledge that the Challenge involves an adventure trip and accept all the inherent risks associated with such a trip and the possibility of personal injury, death or property damage or loss resulting there from.
- you release World Expeditions and its officers, employees, agents, licensees, guides and other representatives and the land management authorities in the countries in which the tour is conducted (each of whom are collectively referred to as "World Expeditions and its employees") from all cost, liability, loss or damage incurred or suffered by you directly or indirectly during the course of the tour and resulting from your personal injury, illness or death or damage to or loss of your property unless caused by the wilful negligence or wrongful act of World Expedition and its employees; and
- you waive any claims you have, or may at any time have, against World Expeditions and its employees and you agree, by accepting the additional inherent dangers and risks associated with the tour, not to make any claim against or seek any compensation from World Expeditions and its employees in respect of any personal injury, illness or death suffered by you or damage to or loss of property sustained by you as a result of your participation in the tour.

To the extent permitted by law, section 74 of the Trade Practices Act 1974 does not apply to this contract.

17. Booking made in Victoria: This condition 17 and the following statutory warning apply if the booking is made in Victoria. Sections 32J and 32JA of the Fair Trading Act 1999 Victoria (as amended) do not apply to this contract, being a contract for the supply of recreational services.

WARNING UNDER THE FAIR TRADING ACT 1999

Under the provisions of the Fair Trading Act 1999 several conditions are implied into contracts for the supply of certain goods and services. These conditions mean that the supplier named on this form is required to ensure that the recreational services it supplies to you are—

- rendered with due care and skill; and
- as fit for the purpose for which they are commonly bought as it is reasonable to expect in the circumstances; and
- reasonably fit for any particular purpose or might reasonably be expected to achieve any result you have made known to the supplier.

Under section 32N of the Fair Trading Act 1999, the supplier is entitled to ask you to agree that these conditions do not apply to you. If you sign this form, you will be agreeing that your rights to sue the supplier under the Fair Trading Act 1999 if you are killed or injured because the services were not rendered with due care and skill or they were not reasonably fit for their purpose, are excluded, restricted or modified in the way set out in this form.

NOTE: The change to your rights, as set out in this form, does not apply if your death or injury is due to gross negligence on the supplier's part. "Gross negligence" is defined in the in the Fair Trading (Recreational Services) Regulations 2004.

18. Jurisdiction: This agreement and the rights and obligations of the parties will be construed and take effect in accordance with and be governed by the laws of:

- Victoria, in the case the of a booking made in the state of Victoria, or
- New South Wales, in the case of a booking made elsewhere in Australia

Inspired Adventures Pty Ltd ABN 46 125 426 468.

Australian World Expeditions Pty Ltd ABN 98 001 424 568.